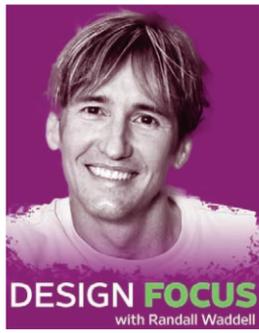




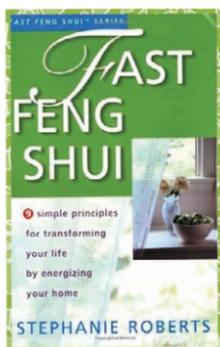
Have you heard of Feng Shui?



It is the ancient Chinese practice of moving Chi through a space.

Ch'i?...
Ch'i is said to be the life force that is present in everything.

Many people have heard of Feng Shui, but don't know how it works or the theory behind it, so they pass it off as mumbo jumbo, or just another fad. Feng Shui has been around for hundreds of years and could hardly be called a fad. It isn't mumbo jumbo. There are simple principles for transforming your life by energising your home and when implemented they can create change, harmony, and positive energy, and you do not have to do major changes to achieve success. Simply moving furniture and ornaments around, placements of colours, pictures, flowers and symbolic images can work. Opening windows and letting air flow through the house, closing doors in some places and keeping them open in others. Cleaning out cupboards and getting rid of clutter.



This may seem like common sense, but there are very strong and clear principles behind why the changes are necessary. The only problem is that we don't understand them all and like most things in life, if we spend some time researching and learning about it, then maybe we may find that it is something worth trying in our own lives.

Those who follow Feng Shui insist they have experienced many positive changes; more work has flowed their way, health has become more stable, communication between family members has improved, they sleep better. So what's the harm in putting some of the practices into place, if they help make a better home environment?

If you would like to learn more, I would recommend the book "Fast Feng Shui" by Stephanie Roberts. It has so much information, clearly explained, and is very motivating, especially when lots of small changes in your life can make such a big difference to the way you feel and prosper.



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